

**For Immediate Release  
Tobacco-Free Campus**

**VALLEY FORGE MEDICAL CENTER AND HOSPITAL, INC.**

**IS PROUD TO ANNOUNCE**

**EFFECTIVE DECEMBER 31, 2018 WE WILL BE A TOBACCO-FREE CAMPUS**

***Norristown, PA***— Valley Forge Medical Center and Hospital, Inc.

On December 31, 2018 *Valley Forge Medical Center* will be a tobacco-free campus in order to provide the best environment for our patients to recover. To ensure quality care, the use of tobacco products will not be permitted anywhere on campus grounds.

Our decision to become a tobacco-free facility is driven by overwhelming evidence from the Department of Behavioral Health and Intellectual Disability Services that those in alcohol and substance use recovery have a 25% greater chance of long-term recovery when they also stop smoking\*.

We are committed to assisting our patients with comprehensive alcohol, drug and tobacco use recovery. “Tobacco use is the leading cause of preventable death and disease in this country,” said Gregg Y. Slocum, VFMCH’s CEO. “Adopting a tobacco and smoke-free policy is our commitment as a hospital caring for the community to provide a safe and healthy environment for healing and wellness to occur.”

Founded in 1973, Valley Forge Medical Center and Hospital, Inc. is a leader in Substance Use Disorder and treatment of complex medical conditions. The hospital offers a wide range of programs and services designed to treat individuals suffering with Substance Use Disorders.

\*Prochaska, J., Delucchi, K., Hall, S. (2004). A Meta-Analysis of Smoking Cessation Interventions With Individuals in Substance Abuse Treatment or Recovery. *Journal of Consulting and Clinical Psychology* Vol. 72.